

SESHADRIPURAM FIRST GRADE COLLEGE
YELAHANKA NEW TOWN, BANGALORE-64
DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS
ANNUAL SPORTS REPORT 2019-20

It is indeed a proud moment as I present a brief report of the activities and achievements of the Department of Physical Education and Sports for the year 2019-2020.

The sports committee for the year was constituted under the chairmanship of Dr Venkatesh and comprised Sri Sudhir.v.bhainaik director, physical education and Aparna.v. Bandekar asst. physical education director and faculty members Smt Vaishali Narayan , Sri Jayachandra Shekara, Sri Gangadhar.D and Sri Darshan. The student sports secretaries for the year were Mr. Lohith.p of 3rd Bsc and Ms. MEGHA.R.of 3rd B.com.

The sports activities of the Academic year began soon after the semester commenced in June with college team selections in Athletics, Volley Ball, Cricket, Badminton, Throw Ball, Table-Tennis, Fencing, Chess, Football, Handball, Netball, Yoga, Kabbadi, Kho-Kho, Archery, Shooting, Swimming, Weightlifting, Taekwondo, Basketball, Ball Badminton, American Football, Tug of War, being conducted

For the first time in our college we have conducted Bangalore central university inter collegiate Fencing Championship on 23/10/19 and the event was inaugurated by M V Prasad senior product manager ,Nokia, Our college students secured 9 Medals (3 Silver , 6 Bronze) in the championship.

The sports committee also organized Pre- University Inter- collegiate Volley Ball Tournament for men on 6th and 7th sep 2019, and the Tournament was inaugurated by Sri Lakshmeesha M ,Fencing Coach, Karnataka and it was presided by Sri W D Ashok, Trustee, SET. As it was pre-university inter-collegiate Tournament very aptly Prof. T. Doddegowda, Principal of SFGC, S.N. Venkatesh welcomed the students of various college and wished all the player good luck. Totally 20 teams actively participated in the volleyball tournament. After a tough battle , the tournament winner trophy was bagged by Jnana Jyothi PU college and the runners were the students of AL-Ameen PU college.

The most awaited college 27th annual inter class athletic meet was conducted on 12th September 2019 at HMT athletic ground jalahalli, Bangalore. The athletic meet was inaugurated by chief Guest , Sri. B.C Lokanath, Trustee, SET, addressed the students and wished them luck. The meet was a grand success with many events being conducted for students and staff member.

- Christ university conducted “chri-spo fest 2019 inter- collegiate KHO KHO tournament on 12/09/19 at Christ university and SFGC became runners-up.
- ST.John’s medical college conducted inter-collegiate Throw Ball (women’s) tournament on 26/09/2019 at ST .John’s medical college kormangala and SFGC became runners-up.
- Bangalore University INTER-COLLEGIATE Fencing competition men and women 2019-20 held on 4/11/2019 at Kanteerava indoor stadium organized by Government first grade college, Peenya. In this tournament our college students secured 14 medals (3 Gold, 3 Silver ,8 Bronze).
- Bangalore Central university INTER-COLLEGIATE Fencing competition men and women 2019-20 held on 23/10/2019 at SFGC yelahanka organized by sheshadripuram first grade college yelahanka . In this tournament our college students secured 9 medals (3 Silver ,6 Bronze).
- BANGLORE MEDICAL COLLEGE AND RESEARCH INSTITITE ORGANIZED THROWBALL WOMEN INTER-COLLEGIATE TOURNAMENT, at BMCRI college K R Puram . in this tournament SFGC won the winners Trophy.
- HKBK Degree college organized state level inter-collegiate throw ball competition for women 2019-20 held at Nagwara Bangalore on 8th and 9th November 2019 and SFGC became the winners.
- Bangalore Central university INTER-COLLEGIATE Athletic meet was organized by BCU 2019-20 at Vidyanagar Bangalore and in the meet SFGC secured 1 gold and 1 silver medal.
- St. Anne’s first grade college for women organized inter-collegiate Throw ball tournament on 25/02/2020
- WINNERS IN THROWBALL --Organised by STUDENTS ALL GAMES ACTIVIES DEVELOPMENT FOUNDATION NATIONAL GAMES – HELD ON 11th&12th Jan. 2020, AT MYSORE,KARNATAKA
- Runners- up in Bangalore Divisional Level Throwball Dasara **CompetitionHeld on 24/09/2019. At : TumkurOrgnaized by sports authority of karnataka**
 - WINNERS IN THROWBALL(Women),Organised by **STUDENTS ALL GAMES ACTIVIES DEVELOPMENT FOUNDATION,NATIONAL GAMES HELD ON – 11th&12th January 2020 at MYSORE,KARNATAKA**
- Most importantly, 2018-19 has seen a large number of remarkable achievements in various sports. At National level Competition 30 students participated and won 30 medals, at the state level 13 students participated and won 4 medals. At All India inter-university level 14 students participated. Our students also won 65 medals at the Bangalore university inter-collegiate competitions.
